

**Beaver River
Central
School**

Lunch Menu
2/1 - 2/8
Reverse side
2/11 - 2/28

February 2019



MON	TUE	WED	THU	FRI
Mini Waffles 4	Sausage & Egg Breakfast Pizza 5	Hot egg, sausage, cheese on English Muffin 6	Ham & Egg Breakfast Pizza 7	Bagel w/ Cream Cheese or Peanut Butter 8
*Entrée Choose 1 *Mini Corn Dogs *Boneless Chicken Wings Ranch and BBQ Sauces	*Entrée Choose 1 *Stuffed Cheese & Pepperoni Calzone Pocket *Chicken Fajita (add lettuce, cheese, tomato, sour cream)	*Entrée choose 1 *Rib-que on Bun *Spaghetti w/ meat sauce Grated Cheese	*Entrée Choose 1 *Baked Mozzarella Sticks Marinara Sauce *Oriental Sweet-n-Sour Chicken - Grades (K-5) *Oriental General TSO Chicken - Grades (6-12)	*Entrée Choose 1 *Shrimp Poppers String Cheese *Fish on Bun Cocktail Sauce Tartar Sauce
Whole Grain Bread and Butter	Whole Grain Bread and Butter	BRCS Made Italian Bread	Whole Grain Bread and Butter	Whole Grain Bread and Butter
Vegetables and Fruit Butternut Squash Tasty Peas Mashed Potatoes / Gravy	Vegetables and Fruit Roasted Corn Refried Beans	Vegetables and Fruit Tossed Romaine Salad w/ dressing Roasted Green Beans	Vegetables and Fruit Egg Roll Oriental Rice Roasted Broccoli	Vegetables and Fruit Cabbage Salad Oven Fries Steamed Fresh Spinach
Canned Fruit Choices Assorted Fresh Fruit	Assorted Fresh Fruit Canned Fruit Choices	100% Fruit Juice February Birthday Cake	Assorted Fresh Fruit Canned Fruit Choices	Applesauce Peanut Butter Cookie

Breakfast Choices

- ✓ Hot Entrée Listed
- 100% Fruit Juice, Fruit, Assorted Cereal, Nutri-Grain Bar or Cereal Bar
- 1% White Milk or FF White Milk
- All items available A LA CARTE

Elementary Snack Drink \$.55






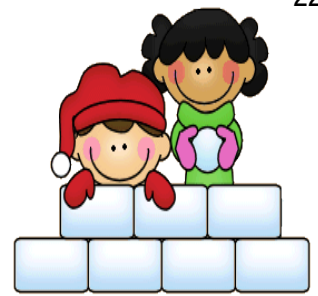
Meal Categories: Free,
Reduced @ \$.25 and
Full @ \$1.35

Prepayment for meals are recommended at least by the week or longer period of time

Checks Payable to:
BRCS LUNCH FUND

You can make online payments and check your child's account balance @ www.MySchoolBucks.com

An Application for Free or Reduced Meal benefits may be completed and submitted anytime during the school year. Call Mrs. Heather Pellam at 346-1211 Ext. 560 for information

MON	TUE	WED	THU	FRI
Mini French Toast 11 *Entrée Choose 1 *Hamburg in Bun *Hot Dog on Bun Chili-n-Beans Vegetables and Fruit Oven Fries Baked Beans Seasoned Carrots Assorted Fresh Fruit Canned Fruit Choices	Sausage & Egg Breakfast Pizza 12 *Entrée Choose 1 *Chicken Drumsticks *Cheese Stuffed Shells In Sauce Whole Grain Bread and Butter Vegetables and Fruit Butternut Squash Potato Rounds Seasoned Corn Canned Fruit Choices Assorted Fresh Fruit	Hot egg, ham, cheese on English Muffin 13 *Entrée Choose 1 *Mexican Taco's w/ Lettuce, cheese, salsa & Sour Cream *Escaloped Potatoes and Ham BRCS Cinnamon Roll Vegetables and Fruit Roasted Corn Kernels Refried Beans Assorted Fresh Fruit Canned Fruit Choices	 Ham & Egg Breakfast Pizza 14 VALENTINE'S DAY *Entrée Choose 1 *Pulled Pork w/ BBQ Sauce on Bun *Popcorn Chicken Ranch and BBQ Sauces Whole Grain Bread and Butter Vegetables and Fruit Roasted Cauliflower / Broccoli Sweet Potato Fries Cabbage Salad  Valentine's Cherry Cheesecake	Bagel w/ Cream Cheese or Peanut Butter 15 *Entrée Choose 1 *Pepperoni Pizza *Cheese Pizza *Macaroni & Cheese Whole Grain Bread and Butter Vegetables and Fruit Tossed Romaine Salad w/ dressing Roasted Garbanzo Beans Heart Holiday Sorbet Cup
18 Mid Winter Recess February 18 - 22 No School	19 	20 	21 	22 
Mini Pancakes 25 *Entrée Choose 1 *Ham Patty on Bun *Chicken Patty on Bun *(Gr. 6-12) Spicy Chicken Patty on Bun Whole Grain Bread and Butter Vegetables and Fruit Sweet Potato Fries Seasoned Carrots Canned Fruit Choices Assorted Fresh Fruit	Sausage & Egg Breakfast Pizza 26 *Entrée Choose 1 *Hot Turkey / Gravy on Mashed Potato *Chicken Nuggets w/ Mashed Potato Whole Grain Bread and Butter Vegetables and Fruit Butternut Squash Seasoned Corn Tasty Peas Assorted Fresh Fruit Canned Fruit Choices	Hot egg, sausage, cheese on English Muffin 27 *Entrée Choose 1 *Rib-que on Bun *Rotini Pasta w/ meat sauce BRCS Made Italian Bread Vegetables and Fruit Tossed Romaine Salad w/ dressing Roasted Green Beans Canned Fruit Choices Assorted Fresh Fruit	Ham & Egg Breakfast Pizza 28 *Entrée Choose 1 *Baked Mozzarella Sticks Marinara Sauce *Oriental Sweet-n-Sour Chicken - Grades (K-5) *Oriental General TSO Chicken - Grades (6-12) Whole Grain Bread and Butter Vegetables and Fruit Egg Roll Oriental Rice Roasted Broccoli Assorted Fresh Fruit Canned Fruit Choices	Bagel w/ Cream Cheese or Peanut Butter 3/1 *Entrée Choose 1 *Cheese Pizza *Meat Lover's Pizza (Hamburger, Ham Pepperoni & Sausage) *Macaroni & Cheese Whole Grain Bread and Butter Vegetables and Fruit Tossed Romaine Salad w/ dressing Roasted Garbanzo Beans Steamed Carrots Canned Fruit Choices Assorted Fresh Fruit

Lunch Choices

Daily Elementary Choices:

- ✓ Hot Entrée Listed
- Chef Salad w/ Crackers or Wheat Bread
- PB&J Sandwich
- Yogurt w/ Crackers or Wheat Bread

Daily MS/HS Choices:

- ✓ Hot Entrée Listed
- Salad Bar w/ Crackers or Wheat Roll
- Deli Sandwich / Soup, Crackers
- Yogurt Parfait w/ Crackers or Wheat Bread
- Nacho's with Cheese Sauce

Milk Choices:

- 1% White, FF White or FF Chocolate Milk

All Bread / Buns:

- 100% Whole Wheat or 51% Whole Grain

****All Students MUST choose (1) Vegetable OR (1) Fruit,**

May choose up to (2) or (3) Vegetables

Grades K-8:

May choose up to (1) Fruit

Grades 9-12:

May choose (1) or (2) Fruit

Meal Categories: Free,

Reduced @ \$.25 and

Full Price @ \$2.10 Elem

\$2.20 MS/HS

