

Beaver River Central School

Lunch Menu
4/1 - 4/12
Reverse Side
4/15 - 4/30

April 2019



Breakfast Choices

✓ Hot Entrée Listed
100% Fruit Juice, Fruit,
Assorted Cereal,
Nutri-Grain Bar or Cereal Bar
1% White Milk or FF White
Milk
All items available
A LA CARTE

Elementary Snack Drink \$.55

Meal Categories: Free,
Reduced @ \$.25 and
Full @ \$1.35



Prepayment for meals are
recommended at least by the
week or longer period of time

Checks Payable to:
BRCS LUNCH FUND

You can make online payments
and check your child's
account balance @
www.MySchoolBucks.com

An Application for Free or
Reduced Meal benefits may be
completed and submitted
anytime during the school year.
Call Mrs. Heather Pellam at
315-346-1211 Ext. 560 for
information

MON	TUE	WED	THU	FRI
Mini French Toast 1 *Entrée Choose 1 *Mini Corn Dogs *Boneless Chicken Wings Ranch and BBQ Sauces Whole Grain Bread and Butter Vegetables and Fruit Butternut Squash Roasted Green Beans Mashed Potatoes / Gravy Assorted Fresh Fruit Canned Fruit Choices	Sausage & Egg Breakfast Pizza 2 *Entrée Choose 1 *Chicken Drumsticks *Cheese Stuffed Shells In Sauce Whole Grain Bread and Butter Vegetables and Fruit Potato Rounds Tasty Peas Seasoned Carrots Canned Fruit Choices Assorted Fresh Fruit	Hot egg, ham, cheese on English Muffin 3 *Entrée Choose 1 *Mexican Taco's w/ Lettuce, Cheese, Salsa & Sour Cream *Escalloped Potatoes and Ham BRCS Cinnamon Roll Vegetables and Fruit Roasted Corn Kernels Refried Beans Assorted Fresh Fruit Canned Fruit Choices	Ham & Egg Breakfast Pizza 4 *Entrée Choose 1 *Toasted Cheese Sandwich *Tuna Sub W/ Lettuce & Cheese Whole Grain Bread and Butter Vegetables and Fruit Tomato Soup Pasta / Vegetable Salad Carrot Sticks Canned Fruit Choices Assorted Fresh Fruit	Bagel w/ Cream Cheese or Peanut Butter 5 *Entrée Choose 1 *Shrimp Poppers String Cheese *Fish on Bun Cocktail Sauce Tartar Sauce Whole Grain Bread and Butter Vegetables and Fruit Cabbage Salad Oven Fries Steamed Fresh Spinach Applesauce Peanut Butter Cookie
Mini Pancakes 8 *Entrée Choose 1 *Hamburg on Bun *Hot Dog on Bun Chili-n-Beans Vegetables and Fruit Oven Fries Baked Beans Seasoned Carrots Canned Fruit Choices Assorted Fresh Fruit	Sausage & Egg Breakfast Pizza 9 *Entrée Choose 1 *Stuffed Cheese & Pepperoni Calzone Pocket *Chicken Fajita (add lettuce, cheese, tomato & sour cream) Whole Grain Bread and Butter Vegetables and Fruit Tossed Romaine Salad w/ dressing Roasted Corn Refried Beans Assorted Fresh Fruit Canned Fruit Choices	Hot egg, sausage, cheese on English Muffin 10 *Entrée choose 1 *Rib-que on Bun *Spaghetti w/ meat sauce Grated Cheese BRCS Made Italian Bread Vegetables and Fruit Tossed Romaine Salad w/ dressing Roasted Green Beans 100% Fruit Juice April Birthday Cake	Ham & Egg Breakfast Pizza 11 *Entrée Choose 1 *Baked Mozzarella Sticks Marinara Sauce *Oriental Sweet-n-Sour Chicken - Grades (K-5) *Oriental General TSO Chicken - Grades (6-12) Whole Grain Bread and Butter Vegetables and Fruit Egg Roll - Grades (K-12) Oriental Rice Roasted Broccoli Assorted Fresh Fruit Canned Fruit Choices	Bagel w/ Cream Cheese or Peanut Butter 12 *Entrée Choose 1 *Pepperoni Pizza *Cheese Pizza *Macaroni & Cheese Whole Grain Bread and Butter Vegetables and Fruit Tossed Romaine Salad w/ dressing Roasted Garbanzo Beans Canned Fruit Choices Assorted Fresh Fruit

MON	TUE	WED	THU	FRI
15	16	17	18	19
April 15 - 22 Spring Recess No School				
22	23	24	25	26
Easter Monday  No School	Sausage and Egg Breakfast Pizza <u>*Entrée Choose 1</u> *Ham Patty on Bun *Chicken Patty on Bun *(Gr. 6-12) Spicy Chicken Patty on Bun Whole Grain Bread and Butter <u>Vegetables and Fruit</u> Sweet Potato Fries Seasoned Carrots Assorted Fresh Fruit Canned Fruit Choices	Hot egg, ham, and cheese on English Muffin <u>*Entrée Choose 1</u> *Mexican Taco's w/ Lettuce, cheese, salsa & sour cream *Escalloped Potatoes and Ham BRCS Cinnamon Roll <u>Vegetables and Fruit</u> Roasted Corn Kernels Refried Beans Canned Fruit Choices Assorted Fresh Fruit	Ham and Egg Breakfast Pizza <u>*Entrée Choose 1</u> *Pulled Pork w/ BBQ Sauce on Bun *Popcorn Chicken Ranch and BBQ Sauces Whole Grain Bread and Butter <u>Vegetables and Fruit</u> Roasted Cauliflower / Broccoli Sweet Potato Fries Cabbage Salad Assorted Fresh Fruit Canned Fruit Choices	Bagel w/ Cream Cheese Or Peanut Butter <u>*Entrée Choose 1</u> *Cheese Pizza *Meat Lover's Pizza (Hamburger, Ham, Pepperoni, & Sausage) *Macaroni & Cheese Whole Grain Bread and Butter <u>Vegetables and Fruit</u> Tossed Romaine Salad w/ dressing Roasted Garbanzo Beans Steamed Carrots Canned Fruit Choices Assorted Fresh Fruit
29	30			
Mini French Toast <u>*Entrée Choose 1</u> *Hamburg on Bun *Hot Dog on Bun Chili-n-Beans <u>Vegetables and Fruit</u> Oven Fries Baked Beans Assorted Fresh Fruit Canned Fruit Choices	Sausage and Egg Breakfast Pizza <u>*Entrée Choose 1</u> *Chicken Drumsticks *Cheese Stuffed Shells In Sauce Whole Grain Bread and Butter <u>Vegetables and Fruit</u> Butternut Squash Potato Rounds Tasty Peas Canned Fruit Choices Assorted Fresh Fruit			

Lunch Choices

Daily Elementary Choices:

- ✓ Hot Entrée Listed
- Chef Salad w/ Crackers or Wheat Bread
- PB&J Sandwich
- Yogurt w/ Crackers or Wheat Bread

Daily MS/HS Choices:

- ✓ Hot Entrée Listed
- Salad Bar w/ Crackers or Wheat Roll
- Deli Sandwich / Soup, Crackers
- Yogurt Parfait w/ Crackers or Wheat Bread
- Nacho's with Cheese Sauce

Milk Choices:

- 1% White, FF White or FF Chocolate Milk

All Bread / Buns:

- 100% Whole Wheat or 51% Whole Grain

All Students **MUST choose

(1) Vegetable OR (1) Fruit,

- May choose up to (2) or (3) Vegetables

Grades K-8:

- May choose up to (1) Fruit

Grades 9-12:

- May choose (1) or (2) Fruit

Meal Categories:

- Free,
- Reduced @ \$.25 and
- Full Price @ \$2.10 Elem
- \$2.20 MS/HS

