

Beaver River Central School

Lunch Menu
9/1 - 9/11
Reverse Side
9/14- 9/30

September 2020



Breakfast Choices

✓ Hot Entrée Listed
100% Fruit Juice, Fruit,
Assorted Cereal,
Nutri-Grain Bar or Cereal Bar
1% White Milk or FF White
Milk
All items available
A LA CARTE

Elementary Snack Drink \$.55

Meal Categories:

Free, Reduced @ \$0.00
Full Price @ \$1.40

Prepayment for meals are
recommended at least by the
week or longer period of time

Checks Payable to:
BRCS LUNCH FUND

You can make online payments
and check your child's
account balance @
www.MySchoolBucks.com

An Application for Free or
Reduced Meal benefits may be
completed and submitted
anytime during the school year.
Call Mrs. Ashley Roes at
315-346-3561 for
information

MON	TUE	WED	THU	FRI
	1	2	3	4
		<p>Superintendents Conference Day No School</p>	<p>Superintendents Conference Day No School</p>	
7	8	9	10	11
<p>LABOR DAY</p> <p>No School</p>	<p>Mini Pancakes</p> <p>*Entrée Choose 1 *Hamburg on Bun</p> <p>Chili-n-Beans</p> <p>Vegetables and Fruit Tater Tots Baked Beans Green Beans</p> <p>Canned Fruit Choices</p>	<p>Mini Waffles</p> <p>*Entrée Choose 1 *Chicken Patty on Bun *(Gr. 6-12) Spicy Chicken Patty on Bun</p> <p>Vegetables and Fruit Sweet Potato Fries Roasted Broccoli</p> <p>Canned Fruit Choices</p>	<p>Remote Day All Nutri Grain Bars Milk, Juice & Apple Sauce</p> <p>*Entrée Choose 1 *Uncrustables PB&J sandwich String Cheese</p> <p>Vegetables and Fruit Carrot Sticks Corn</p> <p>Applesauce</p>	<p>Remote Day All Bowl Cereal Milk, Juice & Applesauce</p> <p>*Entrée Choose 1 *Yogurt Cup w/ graham crackers</p> <p>Whole Grain Bread and Butter</p> <p>Vegetables and Fruit Roasted Garbanzo Beans Breen Beans</p> <p>Orange</p>

MON	TUE	WED	THU	FRI
Mini Waffles 14 *Entrée Choose 1 *Chicken Patty on Bun *(Gr. 6-12) Spicy Chicken Patty on Bun Vegetables and Fruit Oven Fries Seasoned Carrots Canned Fruit Choices	Hot egg, ham, cheese On English Muffin 15 *Entrée Choose 1 *Boneless Chicken Wings Ranch & BBQ Sauces Whole Grain Bread and Butter Vegetables and Fruit Roasted Corn Butternut Squash Mashed Potatoes / Gravy Canned Fruit Choices	Remote No Students See 3 Day Menu Week 1	Mini French Toast 17 *Entrée Choose 1 *(Gr. 6-12) Pulled Pork w/ BBQ Sauce on Bun *Popcorn Chicken Ranch and BBQ Sauces Whole Grain Bread and Butter Vegetables and Fruit Roasted Cauliflower / Broccoli Sweet Potato Fries Cabbage Salad Canned Fruit Choices	Bagel w/ Cream Cheese or Peanut Butter 18 *Entrée Choose 1 *Pepperoni Pizza *Macaroni & Cheese Whole Grain Bread and Butter Vegetables and Fruit Tossed Romaine Salad w/ dressing Roasted Garbanzo Beans Canned Fruit Choices
Mini French Toast 21 *Entrée Choose 1 *Pulled Pork w/ BBQ Sauce on Bun *Popcorn Chicken Ranch and BBQ Sauces Whole Grain Bread and Butter Vegetables and Fruit Roasted Broccoli Sweet Potato Fries Cabbage Salad Canned Fruit Choices	Bagel w/ Cream Cheese or Peanut Butter 22 *Entrée Choose 1 *Pepperoni Pizza *Macaroni & Cheese Whole Grain Bread and Butter Vegetables and Fruit Tossed Romaine Salad w/ dressing Roasted Garbanzo Beans Canned Fruit Choices Assorted Fresh Fruit	Remote No Students See 3 Day Menu Week 2	Mini Waffles 24 *Entrée Choose 1 *Boneless Chicken Wings Ranch & BBQ Sauces Whole Grain Bread and Butter Vegetables and Fruit Roasted Green Beans Mashed Potatoes / Gravy Seasoned Carrots Canned Fruit Choices Assorted Fresh Fruit	Hot egg, sausage, cheese On English Muffin 25 *Entrée Choose 1 *Shrimp Poppers String Cheese *Fish on Bun Cocktail Sauce Tartar Sauce Whole Grain Bread and Butter Vegetables and Fruit Cabbage Salad Oven Fries Steamed Fresh Spinach Applesauce Peanut Butter Cookie
Mini Waffles 28 *Entrée Choose 1 *Hamburg on Bun Chili-n-Beans Vegetables and Fruit Oven Potato Fries Baked Beans Seasoned Carrots Canned Fruit Choices Assorted Fresh Fruit	Hot egg, ham, cheese On English Muffin 29 *Entrée Choose 1 *Chicken Drumsticks Whole Grain Bread and Butter Vegetables and Fruit Butternut Squash Potato Rounds Tasty Peas Canned Fruit Choices	Remote No Students See 3 Day Menu Week 1		

Lunch Choices

Daily Elementary Choices:

- ✓ Hot Entrée Listed
- Chef Salad w/ Crackers or Wheat Bread
- PB&J Sandwich
- Yogurt w/ Crackers or Wheat Bread

Daily MS/HS Choices:

- ✓ Hot Entrée Listed
- Salad Bar w/ Crackers or Wheat Roll
- Deli Sandwich / Soup, Crackers
- Yogurt Parfait w/ Crackers or Wheat Bread
- Nacho's with Cheese Sauce

Milk Choices:

- 1% White, FF White or FF Chocolate Milk

All Bread / Buns:

- 100% Whole Wheat or 51% Whole Grain

****All Students MUST choose**

(1) Vegetable OR (1) Fruit,

- May choose up to (2) or (3) Vegetables

Grades K-8:

- May choose up to (1) Fruit

Grades 9-12:

- May choose (1) or (2) Fruit

Meal Categories:

- Free, Reduced @ \$0.00
- Full Price @ \$2.20 Elem
- \$2.30 MS/HS

