





MON	TUE	WED	THU	FRI
<p>Mini Pancakes 13</p> <p>*Entrée Choose 1 *Mini Corn Dogs *Chicken Nuggets Ranch and BBQ Sauces</p> <p>Whole Grain Bread and Butter</p> <p>Vegetables and Fruit Seasoned Carrots Butternut Squash Mashed Potatoes / Gravy</p> <p>Canned Fruit Choices Assorted Fresh Fruit</p>	<p>Sausage & Egg Breakfast Pizza 14</p> <p>*Entrée Choose 1 *Rib-que on Bun *Rotini Pasta w/ meat sauce Grated Cheese</p> <p>BRCS made Italian Bread</p> <p>Vegetables and Fruit Tossed Romaine Salad w/ dressing Roasted Green Beans</p> <p>100% Fruit Juice November Birthday Cake</p>	<p>Hot egg, sausage, cheese on English Muffin 15</p> <p>*Entrée Choose 1 *Ham Patty on Bun *Chicken Patty on Bun *(Gr. 6-12) Spicy Chicken Patty on Bun</p> <p>Oven Fries Roasted Corn</p> <p>Canned Fruit Choices Assorted Fresh Fruit</p>	<p>Ham & Egg Breakfast Pizza 16</p> <p>*Entrée Choose 1 Thanksgiving Dinner *Turkey / Gravy w/ dressing *Ham Patty on Bun</p> <p>BRCS Cinnamon Roll</p> <p>Vegetables and Fruit Butternut Squash Mashed Potatoes Tasty Peas Honey Glazed Carrots Cranberry Sauce Apple Pie</p>	<p>Bagel w/ Cream Cheese or Peanut Butter 17</p> <p>*Entrée Choose 1 *Baked Mozzarella Sticks Marinara Sauce *Oriental Cherry Chicken - Grades (K-5) *Oriental General TSO Chicken - Grades (6-12) Whole Grain Bread and Butter</p> <p>Vegetables and Fruit Egg Roll w/ Sweet & Sour Sauce Oriental Rice Roasted Broccoli</p> <p>Canned Fruit Choices Assorted Fresh Fruit</p>
<p>Mini Waffles 20</p> <p>*Entrée Choose 1 *Hamburg on Bun *Hot Dog on Bun</p> <p>Chili - n - Beans</p> <p>Vegetables and Fruit Oven Fries Baked Beans</p> <p>Assorted Fresh Fruit Canned Fruit Choices</p>	<p>Sausage & Egg Breakfast Pizza 21</p> <p>*Entrée Choose 1 *Pepperoni Pizza *Cheese Pizza *Macaroni & Cheese</p> <p>Whole Grain Bread and Butter</p> <p>Vegetables and Fruit Tossed Romaine Salad w/ dressing Roasted Garbanzo Beans</p> <p>Thanksgiving Theme Frozen Fruit Sorbet Cup</p>	<p>Thanksgiving 22</p> <p>Recess</p> <p>No School</p> <p> Give Thanks!</p>	<p>Thanksgiving 23</p> <p> Happy Thanksgiving</p> <p>No School</p>	<p>Thanksgiving 24</p> <p>Recess</p> <p>No School</p> <p></p>
<p>Mini French Toast 27</p> <p>*Entrée Choose 1 *Ham Patty on Bun *Chicken Patty on Bun *(Gr. 6-12) Spicy Chicken Patty on Bun</p> <p>Vegetables and Fruit Sweet Potato Fries Seasoned Carrots</p> <p>Canned Fruit Choices Assorted Fresh Fruit</p>	<p>Sausage & Egg Breakfast Pizza 28</p> <p>*Entrée Choose 1 *Chicken Nuggets (Gr. K-5) *Chicken and Cheese Quesadilla Wrap w/ Sour Cream & Salsa *Beef Goulash Whole Grain Bread and Butter</p> <p>Vegetables and Fruit Tossed Romaine Salad w/ dressing Roasted Cauliflower</p> <p>Assorted Fresh Fruit Canned Fruit Choices</p>	<p>Hot egg, sausage, cheese on English Muffin 29</p> <p>*Entrée Choose 1 *Mexican Taco's w/ Lettuce, cheese, salsa & Sour Cream *Escalloped Potatoes and Ham BRCS Cinnamon Roll</p> <p>Vegetables and Fruit Roasted Corn Kernels Refried Beans</p> <p>Canned Fruit Choices Assorted Fresh Fruit</p>	<p>Ham & Egg Breakfast Pizza 30</p> <p>*Entrée Choose 1 *Chicken Drumsticks *Cheese Stuffed Shells In Sauce</p> <p>Cheesy Bread Stick w/ Marinara Sauce</p> <p>Vegetables and Fruit Butternut Squash Potato Rounds Tasty Peas</p> <p>Assorted Fresh Fruit Canned Fruit Choices</p>	<p></p>

Lunch Choices

Daily Elementary Choices:

- ✓ Hot Entrée Listed
- Chef Salad w/ Crackers or Wheat Bread
- PB&J Sandwich
- Yogurt w/ Crackers or Wheat Bread

Daily MS/HS Choices:

- ✓ Hot Entrée Listed
- Salad Bar w/ Crackers or Wheat Roll
- Deli Sandwich / Soup, Crackers
- Yogurt Parfait w/ Crackers or Wheat Bread
- Nacho's with Cheese Sauce

Milk Choices:

- 1% White, FF White or FF Chocolate Milk

All Bread / Buns:

- 100% Whole Wheat or 51% Whole Grain

****All Students MUST choose (1) Vegetable OR (1) Fruit,**

- May choose up to (2) or (3) Vegetables

Grades K-8:

- May choose up to (1) Fruit

Grades 9-12:

- May choose (1) or (2) Fruit

Meal Categories: Free,

- Reduced @ \$.25 and Full Price @ \$2.10 Elem \$2.20 MS/HS



Beaver River Central School

Lunch Menu
12/1- 12/8
Reverse Side
12/11- 12/22

December 2017



Breakfast Choices

✓ Hot Entrée Listed
100% Fruit Juice, Fruit,
Assorted Cereal,
Nutri-Grain Bar or Cereal Bar
1% White Milk or FF White
Milk
All items available
A LA CARTE

Elementary Snack Drink \$.55

Meal Categories: Free,
Reduced @ \$.25 and
Full @ \$1.35

Prepayment for meals are
recommended at least by the
week or longer period of time

Checks Payable to:
BRCS LUNCH FUND

You can make online payments
and check your child's
account balance @
www.MySchoolBucks.com

An Application for Free or
Reduced Meal benefits may be
completed and submitted
anytime during the school year.
Call Mrs. Heather Pellam at
346-1211 Ext. 535 for
information

MON	TUE	WED	THU	FRI
				Bagel w/ Cream Cheese or Peanut Butter 1 *Entrée Choose 1 *Shrimp Poppers *Fish on Bun Cocktail Sauce Tartar Sauce Cheesy Pull Apart Bread Vegetables and Fruit Cabbage Salad Oven Fries Steamed Fresh Spinach Applesauce Peanut Butter Cookie
				Bagel w/ Cream Cheese or Peanut Butter 8 *Entrée Choose 1 *Cheese Pizza *Meat Lover's Pizza (Hamburger, Ham, Pepperoni & Sausage) *Macaroni & Cheese Whole Grain Bread and Butter Vegetables and Fruit Tossed Romaine Salad w/ dressing Roasted Garbanzo Beans Assorted Fresh Fruit Canned Fruit Choices
Mini Pancakes 4 *Entrée Choose 1 *Hamburg on Bun *Hot Dog on Bun Chili-n-Beans Vegetables and Fruit Sweet Potato Fries Baked Beans Sliced Carrots Assorted Fresh Fruit Canned Fruit Choices	Sausage & Egg Breakfast Pizza 5 *Entrée Choose 1 *Stuffed Cheese Calzone Pocket *Chicken Fajita (add lettuce, cheese, tomato, sour cream) Whole Grain Bread and Butter Vegetables and Fruit Roasted Corn Refried Beans Canned Fruit Choices Assorted Fresh Fruit	Hot egg, sausage cheese on English Muffin 6 *Entrée choose 1 *Rib-que on Bun *Spaghetti w/ meat sauce Grated Cheese BRCS Made Italian Bread Vegetables and Fruit Tossed Romaine Salad w/dressing Roasted Green Beans 100% Fruit Juice December Birthday Cake	Ham & Egg Breakfast Pizza 7 *Entrée Choose 1 *Baked Mozzarella Sticks Marinara Sauce *Oriental Cherry Chicken - Grades (K-5) *Oriental General TSO Chicken - Grades (6-12) Whole Grain Bread and Butter Vegetables and Fruit Egg Roll - Grades (K-12) Oriental Rice Roasted Broccoli Canned Fruit Choices Assorted Fresh Fruit	

MON	TUE	WED	THU	FRI
Mini Waffles 11 *Entrée Choose 1 *Ham Patty on Bun *Chicken Patty on Bun *(Gr.6-12) Spicy Chicken Patty on Bun Vegetables and Fruit Sweet Potato Fries Seasoned Carrots Canned Fruit Choices Assorted Fresh Fruit	Sausage & Egg Breakfast Pizza 12 *Entrée Choose 1 *Mini Corn Dogs *Boneless Chicken Wings Ranch and BBQ Sauces Whole Grain Bread and Butter Vegetables and Fruit Roasted Green Beans Butternut Squash Mashed Potatoes / Gravy Assorted Fresh Fruit Canned Fruit Choices	Hot egg, sausage, cheese on English Muffin 13 *Entrée Choose 1 *Mexican Taco's w/ Lettuce, cheese, salsa *Escalloped Potatoes and Ham BRCS Cinnamon Roll Vegetables and Fruit Roasted Corn Kernels Refried Beans Canned Fruit Choices Assorted Fresh Fruit	Ham & Egg Breakfast Pizza 14 *Entrée Choose 1 *Toasted Cheese Sandwich *Tuna Sub w/ Lettuce & Cheese Whole Grain Bread and Butter Vegetables and Fruit Tomato Soup Pasta / Vegetable Salad Carrot Sticks Assorted Fresh Fruit Canned Fruit Choices	Bagel w/ Cream Cheese or Peanut Butter 15 *Entrée Choose 1 *Shrimp Poppers *Fish On Bun Cocktail Sauce Tartar Sauce Cheesy Pull Apart Bread Vegetables and Fruit Cabbage Salad Oven Fries Steamed Fresh Spinach Applesauce Peanut Butter Cookie
Mini French Toast 18 *Entrée Choose 1 *Hamburg on Bun *Hot Dog on Bun Chili-n-Beans Vegetables and Fruit Oven Fries Baked Beans Assorted Fresh Fruit Canned Fruit Choices	Sausage & Egg Breakfast Pizza 19 *Entrée Choose 1 *Pulled Pork w/ BBQ Sauce on Bun *Popcorn Chicken Ranch & BBQ Sauces Whole Grain Bread and Butter Vegetables and Fruit Roasted Cauliflower Oven Fries Cabbage Salad Canned Fruit Choices Assorted Fresh Fruit	Hot egg, sausage, cheese on English Muffin 20 *Entrée Choose 1 Holiday Dinner *Turkey/Gravy w/dressing *Ham Patty on Bun BRCS Cinnamon Roll Vegetables and Fruit Butternut Squash Mashed Potatoes Tasty Peas / Seasoned Carrots Cranberry Sauce 100% Fruit Juice Frosted Christmas Cookie	Ham & Egg Breakfast Pizza 21 *Entrée Choose 1 *Chicken Drumsticks *Cheese Stuffed Shells In Sauce Cheesy Bread Stick w/ Marinara Sauce Vegetables and Fruit Roasted Corn Potato Tots Canned Fruit Choices Assorted Fresh Fruit	Bagel w/ Cream Cheese or Peanut Butter 22 *Entrée Choose 1 *Pepperoni Pizza *Cheese Pizza *Macaroni & Cheese Whole Grain Bread and Butter Vegetables and Fruit Tossed Romaine Salad w/ dressing Roasted Garbanzo Beans Diced Beets Snowman Holiday Strawberry / Lime Swirl Sorbet
 <p> Christmas Holiday Recess Dec. 25 - 29 No School </p>	 <p>Merry Christmas</p>			

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